



Newsletter

Issue 10

December 2020

www.stneots.foodbank.org.uk

Our aim is to provide parcels with three days nutritionally balanced food and a box of fresh fruit and vegetables for people in crisis and also to support them with the underlying causes of their situation to give them dignity, hope and choice for the future, where they can be financially independent and not have need of the foodbank.

Our home deliveries of parcels is going well, but our foodbank visitors don't any more get the opportunity to sit and have a drink and conversation with a trained volunteer. This means we were missing the opportunity to signpost our visitors to other sources of advice and support. So we are ringing up every person who has a food parcel to ask if we can help further and signpost available sources of help for them.

citizens advice

Rural Cambs

The Trussell Trust has awarded a 2-year grant to Cambridgeshire Foodbanks, funded by Asda as part of their **Fight Hunger Create Change** programme, to fund a full time Citizens Advice Adviser to support beneficiaries of local foodbanks. The partnership will allow the foodbank in Ely (which includes distribution in Soham, Chatteris and March), alongside foodbanks in Ramsey, St Neots and Godmanchester to directly refer individuals and families who need to use the foodbank for additional advice and support to a specific adviser. They can help people maximise their income and check they are getting all the available financial support and grants they are entitled to, help with debt, applying for Universal Credit and employment issues.



The Tesco collection ran from November 19th-21st. We collected a tonne of food, which will feed about 140 people, 3 meals a day for 3 days.



A five person family will receive about 40kg of food in one of our food parcels, to make nutritionally balanced meals, along with several kilos of fruit and veg, toiletries etc.



A delivery of Cadbury "goodies" for our Xmas Hampers. HO HO HO !!



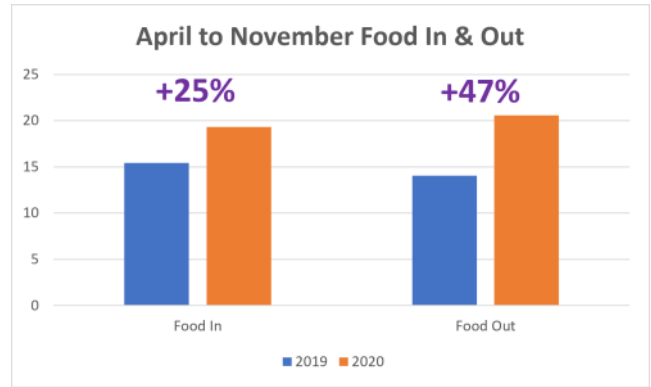
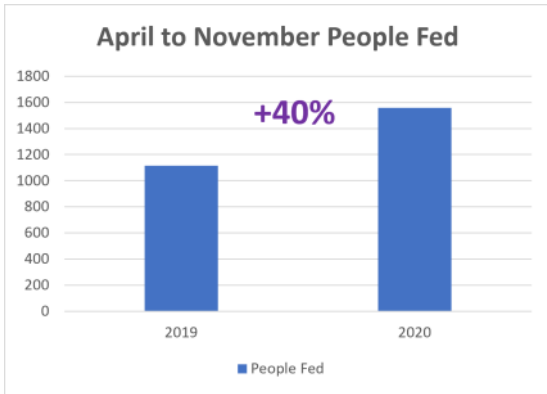
In November we had large stocks of some foodstuffs and so we gave out an additional 313 Basic Bags to people recommended by local schools (without the usual vouchers).

These bags contained soup, beans, pasta, rice, cereal, milk veg, fruit, tuna etc.





Comparing April to November 2020 with same period in 2019



+64% rise in families needing food

+54% rise in single parents needing food

+23% rise in Vouchers fulfilled



£6,550 raised to help people needing cooking equipment, tablets, boiler repairs, radiators, clothes, carpets etc



Tracy Cartwright handing over a cheque for £810 and Mike Friend standing by the boxes of printer cartridges and old mobile phones which the Bowling Club collected for recycling. Very many thanks for this donation.



A HUGE THANK YOU TO ALL OUR VOLUNTEERS and SUPPORTERS
HAVE A GREAT, SAFE CHRISTMAS and NEW YEAR



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