



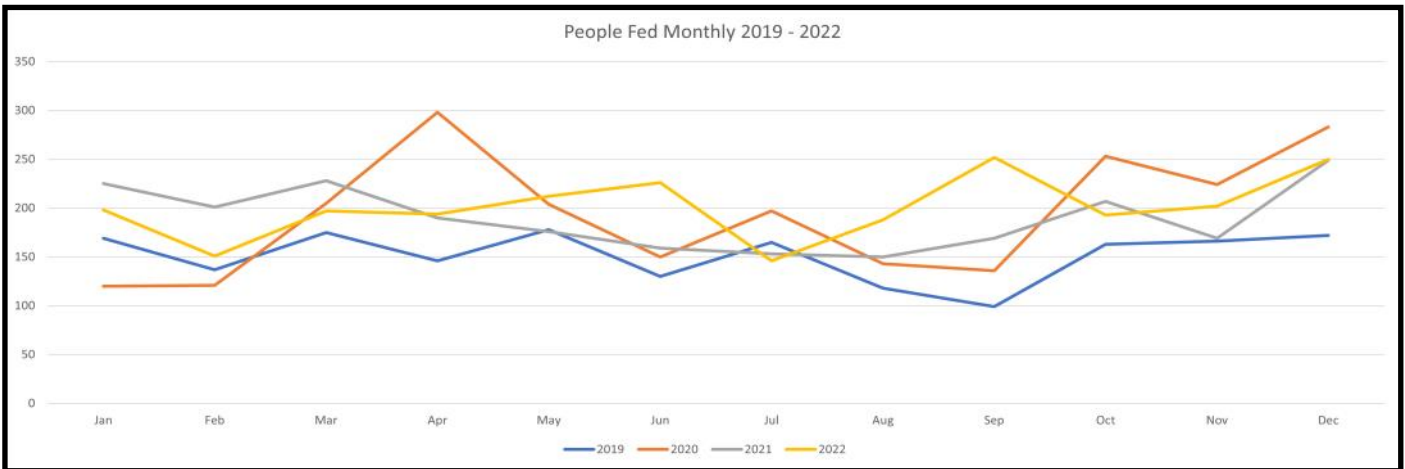
# Newsletter

Issue 13

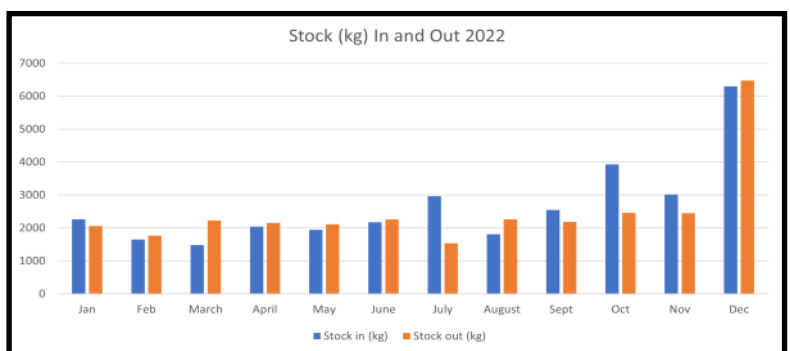
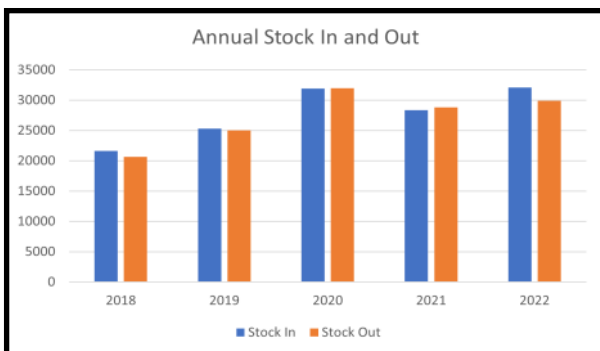
February 2023

[www.stneots.foodbank.org.uk](http://www.stneots.foodbank.org.uk)

We continue to provide our much valued service to 200 people per month on average with 6 days worth of balanced food items (including fruit and veg). During 2022, we moved from our home delivery service back to drop-ins at local churches. It is interesting to look back at pre-Covid stats (2019), then 2020 –2021 (into and out of Covid) to the past year 2022. In 2019 we were feeding 1,813 people compared to feeding 2,409 people in 2022, an increase of 33%.



High stocks of food items have been maintained thanks to the generosity of local people donating regularly through our drop bins in supermarkets, churches etc. In addition, there are the 3-day Tesco collections and special donations through schools, churches, local organisations and businesses eg Harvest and Xmas collections.



Crosshall Infant School Harvest Collection



**TESCO**  
December Collection  
166 crates =  
1,443 kg of food

**319**  
Christmas Hampers  
made and distributed

Our foodbank visitors are given a Waitrose voucher to spend on fresh or frozen fruit, veg and eggs. £8 for 1/2 person and 2 x £8 for a larger family. We can give very large families 3 x £8.

**Waitrose**





Many of the 200 people who come to us monthly for food have multiple issues to deal with. We are able to signpost people, where appropriate, to support available from other agencies to check people are getting the benefits they are entitled to and any savings they can make, as well as dealing with wider issues affecting them and their families. Our work with Citizens Advice has helped many local people improve their life situations.

From 01/10/2020 to 31/08/22

**citizens advice**

**Rural Cambs**

St Neots, Ely, Ramsey and Godmanchester

Our clients have reported



Better able to manage health and stress



Improved financial capability skills

We helped



**301\*** people

\*represents the total number of unique clients with one or more case notes in the period.



With over **4,500** issues

We did this



Through our **2** dedicated part-time local staff



With **1,925\*\*** activities

e.g. face to face, phone, email, web chat  
\*\*can be multiple activities per client



With Financial Gains of **£310,502**

Recently, we had a successful grant application (£90,000 per year) and are doing a joint project with Godmanchester foodbank where we have appointed a full time CA caseworker ( Meghan) and a part time 'buddy' (Clare) to be in our centres. We are also working with mast ( money advice St Neots) formerly Loves Farm Community Money Advice with Sam in each of our centres. We are pleased to welcome them to our team.

**ACTS 435**

We have access to a number of other agencies, such as Acts 435, and funds to give those who come to the foodbank additional support for much needed items and services such as energy

We welcomed 2nd St Neots Scouts into the warehouse one Tuesday evening bringing a donation of food and spending an hour with us doing weighing in, dating, filing and making up crates as well as learning about how we operate.



**Scouts Visit**

**DROP-INS**

Opendoor Mon 4-6 ( behind One Stop, Eaton Ford) from March 6th.  
United Reformed Church ( High Street) 10- 12 Tuesday

Berkley Street Methodist 4-6 Thursday  
St Mary's Eaton Socon 10-12 Friday.

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